



LGBTQ+ (Lesbian, Gay, Bisexual, Trans, Queer +) **Resource Sheet**

Local support

1. Kernow Positive Support – Drop In

Support services for people in Cornwall living with, or affected by, HIV. Based at The Hub, Royal Cornwall Hospital, Treliske, where there is a regular Drop-in and Advice Clinic for Welfare Rights Advice (Benefits, Housing, etc) and one-to-one support for people living with HIV in Cornwall.

- Website: www.kpsdirect.com/
- Phone: 01872 258453
- Email: admin@kpsdirect.com

2. Brook

Sexual health and wellbeing advice and information, for young people. Searchable service directory including those based in schools and colleges, as well as NHS services, across Cornwall.

- Website: <https://www.brook.org.uk/>

3. Intercom Trust

Intercom Trust is a lesbian, gay, bisexual and trans community resource in Cornwall, Devon, Dorset and the wider South West. Includes community groups, specialist domestic abuse workers, and more.

- Website: <https://www.intercomtrust.org.uk/>
- Helpline 0800 612 3010

4. YAY! Cornwall

LGBT Youth Cornwall runs YAY! Cornwall (Young and Yourself) youth group for Lesbian, Gay, Bisexual, Trans and Questioning young people up to the age of 25 who live, work or who are visiting, at school or college in Cornwall.

- Website: <http://www.lgbtyouthcornwall.co.uk/>

5. Cornwall Pride

See their Facebook page for activities and to get in touch.

- Website: <https://www.facebook.com/CornwallPride/>

6. Safe Haven – Cornwall

Supporting transgender and non-binary people, their partners and families.

- Website: <https://www.safehaven.org.uk/>



National support

1. **LGBT Hero**

LGBTQ+ mental health support.

- Website: <https://www.lgbthero.org.uk/>

2. **The Gender Trust**

The Trust's mission is to improve the quality of life of trans people and their families by supporting them and working with anyone who is affected by gender identity issues, and their vision is that everyone will accept and support the right of trans people to be valued members of society.

- Website: <https://gendertrust.wordpress.com/>

3. **PinkParents**

A range of support services and social activities for all LGBT families. Whatever stage you are at, whether you are considering parenting, have grandchildren, are fostering or adopting or are an uncle or aunty, PinkParents can offer you support and a place to meet new friends.

- Website: <https://www.pinkparents.org.uk/>

4. **Gay and Lesbian Switchboards**

A website of links to gay and lesbian switchboards around the country.

- Website: <https://www.switchboard.org.uk/>

5. **Terrence Higgins Trust**

One of the first charities to be set up in response to the HIV epidemic and has been at the forefront of the fight against HIV, and improving the nation's sexual health, ever since.

- Website: <https://www.tht.org.uk/>

6. **Stonewall**

A professional lobbying group that would prevent hate crimes against LGBTQ people. Website has extensive resources for people around coming out, disabilities, faith, parenting rights, and much more.

- Website: <https://www.stonewall.org.uk/>

7. **Imaan**

A social support group for lesbian, gay, bisexual and transgender Muslims, their family, friends and supporters, and those questioning their sexuality or gender identity. Based in London.

- Website: <https://www.facebook.com/imaanlgbtq>



Hate crime information

You can find out about hate crime in general, on the Multi-agency **Safer Cornwall website**, including what it is, how to report it, and leaflets about it, in English and other languages, for schools, and for people with learning disabilities.

- Website: <https://safercornwall.co.uk/what-we-do/hate-crime/>
- Stop Hate Crime 24-hour helpline – 0800 138 1625

Galop – the LGBT+ anti-violence charity

Galop has extensive information around anti-LGBT+ hate crime, sexual abuse and domestic violence. There are guides for victims, research and reports, and useful training and information for professionals.

- Website: <https://galop.org.uk/>
- National (LGBT) Domestic Violence Helpline: 0800 999 5428

Supporters, professionals, educators, friends & family

1. Families and Friends of Lesbians and Gays

FFLAG is an organisation of parents of LGBT people, seeking to promote the well-being LGBT people, their families and friends by offering support, education and information, and helping people to combat prejudice.

- Website: <https://www.fflag.org.uk/>

2. The Beaumont Trust

A charitable educational resource for medical, voluntary and lay people who require to increase their knowledge on the subjects of Transsexualism and Transvestism and offers support to those affected by the issues they raise.

- Website: <https://beaumont-trust.org.uk/>

3. Schools Out

Working towards equality in education.

- Website: <http://www.schools-out.org.uk/>

See also the Terminology Guide from the [National LGBT Partnership](#) on the Inclusion Cornwall Resource Library.

We have not sought to capture everything but if you feel we have missed something vital please email bev.wilson@cornwall.gov.uk with the details.